

HERBS

Continued from Page D1

table stir-fry finished with fresh oranges." No matter which of the many varieties of parsley you prefer, Mumford recommended using this delicate herb at the end when preparing dishes such as pasta, vegetables, potatoes, or parsley pesto vinaigrette or to rough-cut it into salads as you would lettuce.



Ginger and thyme vegetable stir fry by chef Chris Mumford. DOUG HOOD/STAFF PHOTOGRAPHER

"Cilantro is a delicious addition to any Asian, Spanish, Tex-Mex, or southwestern dish and mixes well with spices such as cumin, coriander, and chili powder; it's great with pestos, salad dressings and guacamole," he said. "Tarragon has a strong licorice flavor and makes a great dusting for seared fish or in a chicken dish with Dijon mustard and white wine."

Finally, Mumford raved about chervil, a spring herb that he feels is greatly underused by American cooks. "Chervil is bright green and very perfumey and aromatic. It highlights flavors well in salads and really enhances dishes like string beans, carrots, asparagus, and other vegetables when added at the very end."

"People should experiment with different herbs and not be afraid of them," Mumford said. "If you're not sure about

timing, just use them at the end and enjoy the added dimension they'll bring to your food."

Happily, herbs are not just easy to cook with, they're simple to grow as well. "Herbs are much easier to grow than most vegetables and are a great way for beginners to get into gardening," said Mike Rutkowski, owner of Ferris Farms Garden Center in East Brunswick.

Rutkowski, 57, offered a number of tips for growing herbs at home.

"Most herbs start coming up in April and May and are best grown outside in full sun or even in half sun/half shade, in a protected area such as a deck where animals can't access them, he said. "They also can be grown inside successfully if they have access to bright, filtered light and as long as air condition-

ing doesn't dry them out.

"Herbs lend themselves to growing in containers, which makes them very accessible to people, especially those who live in apartments," Rutkowski said. "We encourage people to pick out whatever herbs they like and then transfer them to larger one-gallon or 16-inch pots. As long as the herbs are spaced out properly, watered well but allowed to dry slightly between waterings, and fertilized once or twice during the season, they can grow well."

Mumford's Culinary Center is at 33 Apple St. in Tinton Falls and can be reached at 732-747-7646 or by visiting www.mumfords.com.

Ferris Farms Garden Center is at 690 Cranbury Road in East Brunswick. For more information, call 732-254-8019 or by visiting www.ferrisfarms.com.

Try your hand with herbs

GINGER & THYME VEGETABLE STIR-FRY (YIELDS 4 SERVINGS)

- 1 carrot, peeled and julienned
- 1 zucchini, julienned
- 1 head broccoli florets, stems peeled, sliced on a bias and blanched
- 1 cup sugar snap peas, blanched and cut into thirds
- 2 cups napa cabbage
- 2 cups shiitake mushrooms, stems removed and sliced
- 1/2 cup red cabbage, sliced thin
- 1 cup bean sprouts
- 1 teaspoon fresh lemon thyme, chopped
- 2 oranges, sectioned

3 tablespoons vegetable oil for frying

Sauce for Ginger & Thyme Vegetable Stir-Fry

- 1/2 cup sugar
- 1/2 cup water
- 1/2 cup orange juice
- 1/4 cup lime juice
- 2 tablespoons ginger
- 1 tablespoon garlic
- 1/2 cup coconut milk
- 1/4 cup soy sauce
- 1 teaspoon sesame oil
- 1 cup cilantro, chiffonaded
- 1 cup scallions, sliced
- 1/4 cup Hoisin sauce
- 3 tablespoons plum sauce
- Kosher salt and freshly ground black pepper, to taste

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For the Sauce: In a non-corrosive pot, simmer sugar and water together until mixture bubbles, then add orange juice, garlic, and ginger and let simmer for 1 minute. Add lime juice, coconut milk, soy sauce, sesame oil, and Hoisin and plum sauce. Simmer for 15 minutes and finish sauce with cilantro and scallions and allow to cool.

For the Stir-Fry: To start the stir-fry, heat the vegetable oil until just before the smoking point. Add carrots, then zucchini and cook for 1 minute. Add the remaining vegetables, stirring constantly for another 1-2 minutes, and season with salt and pepper.

Add 1/2 cup of the stir-fry sauce at a time until all the vegetables are coated but not wet and ensure that vegetables remain crisp and don't get overcooked and soggy. Add lemon thyme towards the very end of the cooking process. Serve topped with fresh orange sections.

ROASTED EGGPLANT & ROSEMARY WHIPPED POTATOES (YIELDS 6 SERVINGS)

- 1 large Black Beauty eggplant
- 2 cloves garlic, minced
- 2 shallots, minced
- 1/4 cup olive oil
- Kosher salt and freshly ground black pepper, to taste

1 teaspoon fresh thyme leaves, chopped

1 teaspoon fresh sage leaves, chiffonaded

1 teaspoon fresh rosemary, chopped

1 teaspoon fresh tarragon, chiffonaded

5 large (90 count) russet potatoes

4 ounces butter

1 tablespoon rosemary, finely chopped

1 cup heavy cream

1 tablespoon fresh sweet basil, chiffonaded

Preheat oven to 400 degrees. Cut eggplant in half, leaving skin on, then score the flesh. Mix together the garlic, shallots, oil, salt and pepper, and fresh herbs. Rub mixture onto eggplant and bake on a cookie sheet for 20-30 minutes. Let cool. Peel and dice the russet potatoes and place in a pot of cold water.

Bring to a boil and cook until tender, 20-25 minutes. Drain water and purée in a food mill. Place potatoes in a large bowl. Scoop out eggplant and purée in a food processor until smooth. Mix with potatoes.

In a medium-sized pot, heat butter, rosemary, heavy cream, and basil. Let simmer for 2 minutes and add to the potato/eggplant mixture. Whip and adjust seasoning.

All recipes courtesy of Chris Mumford, owner of Mumford's Culinary Center in Tinton Falls

Datebook Guidelines:
Datebook ads are limited to event listings.
• Advance payment is required prior to publication.
• All ads run 1-5, 6-10, or 11-15 consecutive days.
• Ads will appear in the Asbury Park Press
• Ads can be phoned in or mailed to:

Asbury Park Press Classified Department
Attention: Datebook
P.O. Box 788
Neptune, New Jersey 07754-0788

datebook

Call toll-free: Local 732-922-6050
In New Jersey 1-877-735-SELL (7355)

<p>Publication Date:</p> <p>MondayThursday, 4:30 p.m. TuesdayFriday, 4:30 p.m. WednesdayMonday, 4:30 p.m. ThursdayTuesday, 4:30 p.m. FridayWednesday, 4:30 p.m. SaturdayThursday, 4:30 p.m. SundayThursday, 4:30 p.m.</p>	<p>Deadline Date:</p> <p>MondayThursday, 4:30 p.m. TuesdayFriday, 4:30 p.m. WednesdayMonday, 4:30 p.m. ThursdayTuesday, 4:30 p.m. FridayWednesday, 4:30 p.m. SaturdayThursday, 4:30 p.m. SundayThursday, 4:30 p.m.</p>
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Prices are based on a 5 line ad. Additional lines may be purchased for an extra charge.

Rates: 1-5 times\$60
6-10 times ..\$75
11-15 times \$85

NOTE TO READER: Please read the entire ad for possible additional dates noted in bold type.

..... APRIL 2

Prom Dress Sale!
April 2nd thru April 9th Get a dress for \$15 OR a complete ensemble (Dress, shoes, handbag, jewelry) for \$20! FCS Thrift Boutique, 307 Branchport Ave. Long Branch 732-728-1238. Open M-F 10-5, Sat. 10-4.

..... APRIL 6

Midweek Presents Bucky's Back
Guitarist Bucky Pizzarelli, a living legend who has drawn more people to Midweek Jazz than any other performer. Bucky weaves his 7-string magic into an endless array of jazz and swing favorites. For tickets or more information contact the Arts & Community Center at: 732-255-5525

..... APRIL 8

Fabulous Fish Dinner Friday
Delicious seafood dinners every Fri. from March 4th thru April 15th, 4:30-7:30pm. Complete dinner starting at \$10, children under 12 \$6. St. Barbara Greek Orthodox Church, 2200 Church Rd., Toms River, info: 732-255-5525

Rummage Sale - United Methodist Women
At St. Paul's United Methodist church, Embury and New York Aves., Ocean Grove. Fri. April 8th, 9am-2pm & 7pm-9pm & Sat. April 9th, 9am-12 noon, \$2/bag sale day. Clothing, linens books, white elephant, housewares, misc. proceeds benefits work with women & children in the US & worldwide

Spring Bazaar
St. Elizabeth Ann Seton Rosary Altar Society Spring Bazaar., Friday April 8, 9-3, & Saturday April 9, 9-12, at 30 School-house Rd., Whiting. Light refreshment available. Bargains Galore.... Something for Everybody.

The Seraph Players of Mater Dei Prep Present
"The Drowsy Chaperone," A Tony Award Winner & a Musical Within a Comedy. Fri. 4/8 and Sat. 4/9 at 8:00 pm. Sunday, April 10 at 6:00 pm in Memorial Hall on school campus. For tickets and information, please call 732-671-9100 ext. 49

..... APRIL 9

A Breath of Spring Sale
Saturday, April 9th, 9-2 pm Manasquan Womens Clubhouse 62 Main St. Manasquan. Collectibles, jewelry, books, bakery, floral, Easter eggs & favors. For info: 732-258-6576 Benefits scholarship funds

Alzheimer's Open House - Toms River
Alcoeur Gardens, a new small Alzheimer's community, Open House Saturday April 9, 12 noon - 3pm at: 1126 Lakewood Road, Toms River or Call for more info at : 732-290-2273

Annual Flea Market
Ladies Auxiliary-Silverton Vol. Fire Co. is holding their Annual Flea Market at: 15 Kettle Creek Rd., Toms River. 9am-2pm on Sat. April 9th, 50/50's and refreshments available. Call Barbara for info: 732-255-7450

Attic Rummage Sale
Sat. April 9th, 9-2pm, St. Michaels Episcopal Church, Allenwood Rd. (next to Central School), Wall Twp. NJ. Clothing, toys, household items, etc. For info call 732-996-4473

Cancer Benefit Yard Sale
For Leukemia and Lymphoma Society to be held **Saturday April 9 and Sunday April 10** 8am-2pm at 18 Harvard Ave, Neptune. Toys, clothing, furniture and much more. Rain or shine. For information call 732-918-1237

Craft Show - Crafters Wanted!!
Crafts & Greek Pastry sale. Sat 4/9, 9-3. St. Barbara Greek Orthodox Community Center, 2200 Church Rd. Toms River. Hosted by the Daughters of Penelope, Aphrodite #374. Call Jacquelyn 732-267-3611, email: marousisbush@gmail.com

Giant Flea Market
Sponsored by Chick-Fil-A of Howell, 4881 Rt 9, Starting Saturday April 9th, 9am-3pm. Rain Date: 4th Saturday of each month. Event is held 2nd Saturday of every month. Vendors needed. For more information call 732-730-9033.

Manalapan High School Theatre presents:
Sweeney Todd on March 31st. April: 1st, 7th, 8th & 9th at 7:30pm. April 2nd at 2pm. Tickets: At door \$10, in advance \$8. Seniors & Students \$5. For more information call 732 792 7200. Ext 5134 or www.mhsitheater.com

March Dance
Holy Family Singles Sat. 4/9, 7:30-11pm. Holy Family Church, Rt. 36 & Seagate Ave., Union Beach. DJ Ray. refreshments. \$10. Call Gale 732-345-0212 or Joan 732-241-7159. All welcome .

Monica Robinson Ltd- "The Three Phantoms"
a concert which features solo numbers from the shows that made them the stars that they become. Songs from Les Miserables, Miss Saigon and The Phantom of the Opera, and program may include numbers from Guys And Dolls, Annie Get Your Gun, Kiss Me Kate, South Pacific, The Secret Garden, Dams Yankee's, and many more. For additional information and ticket sales- Contact the OCC Fine Arts Theatre Box Office 732-255-0500

..... APRIL 14

"Top Secrets of the Chef's" Breakfast
Ocean County Women's Connection, 4/14, 10AM at the Holiday Inn, Toms River. Exec. Chef, Michael A. Zagarella of Hemingway's Cafe, Seaside Hts, will divulge culinary secrets & prepare his best dish. Pam Cahill will share conquering fear in the kitchen & in life. Prepaid tickets by 4/13/11, Linda 732-244-1701. www.oceancountycwc.com

..... APRIL 15

Spring Rummage Sale-1st United Methodist
Church of Toms River, Old Freehold Rd & Chestnut St. Fri. April 15, 10am-9pm and Sat. April 16, 10am-1pm (\$2 bag sale). Clothing neat, clean & cheap. Electrical items, household items & more. Lunch & snacks avail. Info 732-349-8155

..... APRIL 16

Allaire Village Auxiliary Tea
Saturday April 16th, 2-4pm. Fundraiser for Allaire Village Auxiliary. \$15/Ticket. Call Kathy 732-364-2279. Allaire Village Inc. 4265 Atlantic Ave/ Rt 524, Farmingdale, NJ. 07727. 732-919-3500 or www.allairevillage.org

Allaire Village Inc. Presents "Sherlock Holmes"
with Neil Hartley as Sherlock Holmes. Interactive Performance. Sat. 4/16 at 7:30pm. \$15/Person. Contact Allaire Village Inc. 4265 Atlantic Ave/ Rt 524, Farmingdale, NJ. 07727. 732-919-3500 or www.allairevillage.org

GRANNY'S CELLAR SPRING CRAFT SHOW
Saturday, April 16 from 9am to 4pm. Immaculate Conception Auditorium, 23 Manalapan Rd., Spotswood, NJ. 75 crafters displaying handmade crafts, \$2.00 admission; children free. Country kitchen serving breakfast & lunch. No baby strollers. Call 732-887-2859 for more info.

Hazlet Twp Town-Wide Garage Sale
Sat April 16th, 9-4pm Rain date Sun 17th. Sell from your own home. We do all the advertising for you. The cost to have your address in our flyer is \$5 which can be sent to Recreation, 1776 Union Ave. Hazlet, NJ 07730 or call 732-739-0653. Pick up maps & addresses at above address on April 15th & 16th.

Jersey Shore Retirement Expo
COM'ON OVER! The Spring Jersey Shore Retirement Expo will be held at the Quality Inn, 615 Rt 37 W, Toms River, near entrance to Holiday City @ Berkeley on Sat April 16th, 9am-1pm. Free Admission. Open to everyone! Great prizes every 15 minutes! Including diners for 2 and River Lady Dinner Cruises. Give away galore! Exhibits on Healthcare, Home Improvement, Travel & much more! For exhibit & general info please call Expo Productions at: 732-323-8778

POSTCARDS, BOOKS & PAPER SHOW & SALE
9th Annual Greater N.J. Antique Postcards, Books & Paper Collectibles Show, Sat April 16th, Youth Temple, Ocean Grove. 9am-4pm. Featuring 25 of the finest dealers in the Tri-State area. Donation \$3. Food concession, Free parking. This Historical Society of Ocean Grove. 732-774-1869

Rummage Sale
St. Andrews United Methodist Church, Spring Lake, Corner of West Lake & 4th Ave. Will be selling clothing, appliances, household items, toys, books and more. Friday 4/15: 9am-6pm and Sat. 4/16 9am-noon. (\$4 bag day). For info. call 732-449-5796 or 732-449-5147

..... APRIL 17

Flapjack Breakfast
Pleasant Plains Volunteer Fire Dept's 56th All You Can Eat Flap Jack Breakfast! Sun, April 17th, 7am-noon, 40 Clayton Ave Toms River. Adults \$5, child \$4. Tickets @ door. Eat in or take out, raffles, 50/50 Items collected for food pantry. For info call: 732-349-0808 or 732-363-5296

83rd Annual Choral Concert
Presented by Lakewood Maennerchor on Sunday April 17th, 2011 from 1pm to 6pm. Tickets are \$25 which includes Rouladen Dinner and live entertainment for dancing and listening. The Lakewood Maennerchor is located at 90 Lanes Mills Road, Howell, NJ, across from Lowe's Garden Center. For reservations and tickets, call 732-780-3465.

..... APRIL 18

NAWBO - CJ Annual Womens Biz Conference
S.E.E.D. competition (supporting, emerging entrepreneurial development) Mon April 18th. 11-5pm. Hyatt Regency Hotel, 2 Albany St., New Brunswick. Cost \$80, includes lunch/wine reception. Prizes in excess of \$15,000. Accepting sponsors. Register www.nawbocentraljersey.org/seed.html or call 800-644-0709

..... APRIL 20

Brooklyn Botanical Garden Orchid Show/Lunch
Marvel at more than 5,000 orchid divas as they glow in the footlights. Discover many specialty gardens within this 52 acre natural wonder including Japanese Hill & Pond Garden & the C.V. Starr Bonsai Museum. Enjoy a buffet lunch before you board the tram for a guided tour of the gardens. Package incl's: motor coach transportation, guided tours, lunch, trip leader & driver's gratuity. Cost: \$145 April 20, 8am-5pm. For add'l info call our Ocean County College at 732-255-0404.

..... APRIL 12

Association of Home Based Travel Agents
is having their Spring Travel Trade Show at 3pm to 5:30pm at East Grand Buffet, 6 Edgeboro Rd, East Brunswick. Open to the public, all are invited to attend, NO RSVP required, walk-in's are welcome. Reps from the following companies are excited to be attending! Royal Caribbean Cruise Line, Celebrity Cruise Line, COGO Vacations, Norwegian Cruise Lines, Gap Adventures, St. Maarten / St. Martin Tourist Board, IcelandAir, Israel Ministry of Tourism, Brendan Vacations, African Brothers Expeditions & Sunset Resort & Spa Jamaica. For additional information contact Frank: 732-251-1775 Or frank@ovps.com Or Pat: 732-828-8698 Or Gale: 732-605-0958

..... APRIL 13

Ocean County Mall Carnival
Wed 4/13-Sun 4/17, Wed-Fri 5pm-11pm, Sat & Sun 1pm-11pm. Advanced sale ride tickets (\$50k off) will benefit...

..... APRIL 25

Easter Monday Card Party-Gift Auction
St Peters School PTA, 415 Atlantic Ave, Pt. Pleasant Beach. Doors Open at 5:30. Tickets \$10, on sale now. No one under age 18 permitted. Call 732-701-1144

..... APRIL 30

Giant Yard Sale
The Park Avenue Elementary School parking lot, 280 Park Ave (Rt 33) Sat 4/30, 8am-2pm. Set up time 7am-8am. Raindate is Sat, 5/7. Cost \$10 for a 10 x 10 space. Deadline for payment is 4/28. To rent a space contact Carolyn: 732-308-3511. No refunds and no food vendors.

Indoor/Outdoor Flea Market
for the Pleasant Plains Volunteer Fire Auxiliary Fund Raiser. Sat. April 30, 8-3pm at the Firehouse, 40 Clayton Ave, Toms River. Food & beverage avail. Air conditioned. Indoor tables \$15 Outdoor spaces \$10. Info 732-286-0466 or 732-505-8077

Manasquan Spring Fling Arts & Crafts
Held by The Manasquan Chamber of Commerce. Fine quality artist & craftsmen from all over the tri-state areas. Great gifts & home decor to brighten up your Spring. April. 30th, 10am-4pm. Rain date May 1st at Abe Voorhees Plaza. info 732-223-3710 www.kraftfairs.com

..... MAY 7

Mathis Plaza Spring Fair
Route 166 Waterfront in South Toms River, Sat May 7th; 10-6pm (Rain Date Sat May 21st). Vendors wanted. To get a vendor application call the Municipal Clerk's office 732-349-0403. Application filing deadline - April 15, 2011.

..... MAY 14

Arts and Music Festival
May 14th, Huddy Park, Toms River 12-5pm. Call for artists and juried crafters to register. For more information call: 732-341-8738 or www.downtowntomsriver.com

..... MAY 21

Irish Festival Crafters & Vendors Wanted
3rd Annual Tuckerton Sea Port Irish Festival. May 21 & 22 Seeking quality Celtic vendors & crafters. Vendor fee: crafters \$150; food vendors \$250. E-mail for application tuckertonirishfestival@yahoo.com or call Ken at 609-713-8455 by May 1st.

..... JUNE 4

St. Monica's Knights of Columbus Flea Market
To benefit local charities, held May 21st, 7am-1pm, 679 West Veterans Hwy, Jackson (Church Pkwy lot), \$10 per space & 55 tables. Food & drinks avail. For purchase. Info: Paul 609-458-8810 or email: pschell1230@verizon.net

..... JUNE 5

CARNIVAL-VENDORS WANTED
Sponsored by Opportunity Knocks on June 5th to benefit developmentally disabled adults. Food and non-food vendors wanted. Pine Park in Lakewood 11am-6pm. Call 732-552-6306

Craft & Antique Show
Sunday June 5, 2011, 8am-3pm. Squan Village Historical Society's Annual Craft & Antique Show & Flea Market, Squan Plaza, in Manasquan. Raindate June 12 th, 2011. Space is still avail! More info please call Jan at 732-714-6519

..... JUNE 18

Seaside Heights Arts & crafts by the Sea
On the boardwalk Saturday June 18th from 10am-6pm. Vendors wanted for hand crafted items. To get a vendor application call 732-854-8000

..... SEPTEMBER 10

Seaside Heights Shamrock Fest
On the boardwalk Sat. Sept 10th; 10-6pm Vendors wanted for Irish Craft & Irish Retail items. To get a vendor application call 732-854-8000.

..... APRIL 11

Fall Prevention Seminar 4/11
To be held at Regal Pointe Independent Living, 1800 Hwy. 35 So. Middletown, NJ on Mon. April 11 at 1pm. Learn how medication affects balance and how to prevent falls. Presented by Dr. J. Corzo of Riverview Medical Center. Free. RSVP: 732-957-0083

Georgian Court U. Concert Band Spring Concert
Come to a night of enjoyable music with something for all, featuring a mix of classical, modern, folk, and jazz, conducted by Wilbur Wittmann at 7:30pm in the Casino on campus. General Admission: \$10. Senior Citizens and non GCU students \$5. Free to GCU students, faculty, and staff with ID. Payment at the door. Call the Music Department for more information: 732-987-2624

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